

EFFECTIVE COMMUNICATION

Training of
Creativity

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Paris Nanterre

Elisa Spinelli

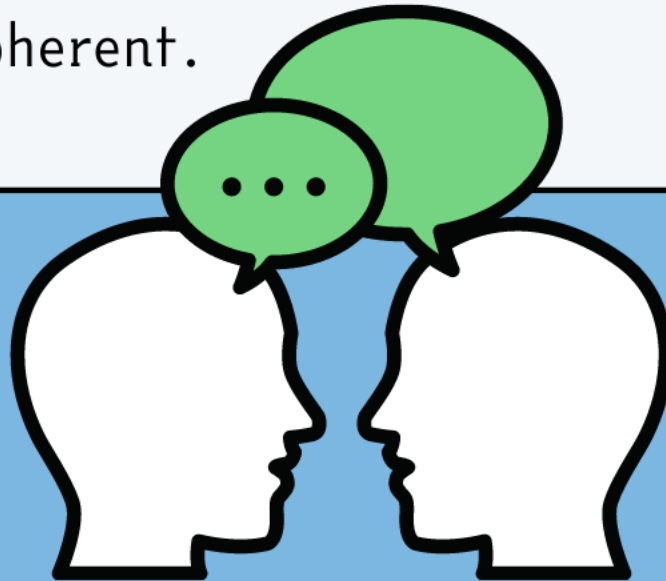


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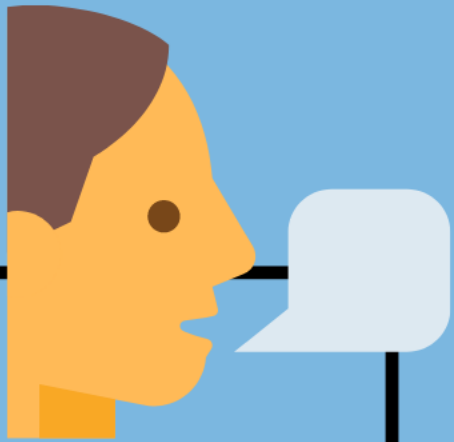
WHAT IS COMMUNICATION?

Is not a mysterious process:

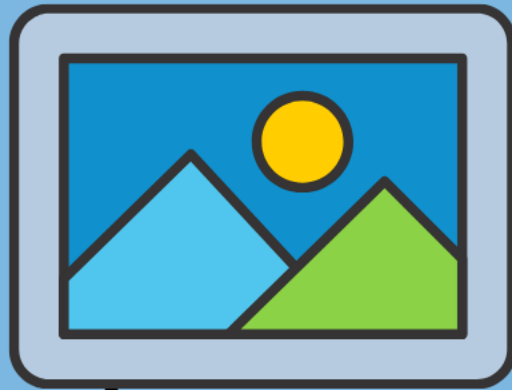
It takes place when the ideas from our mind are transferred to another's and arrive intact, complete and coherent.



What are the most common ways to communicate?



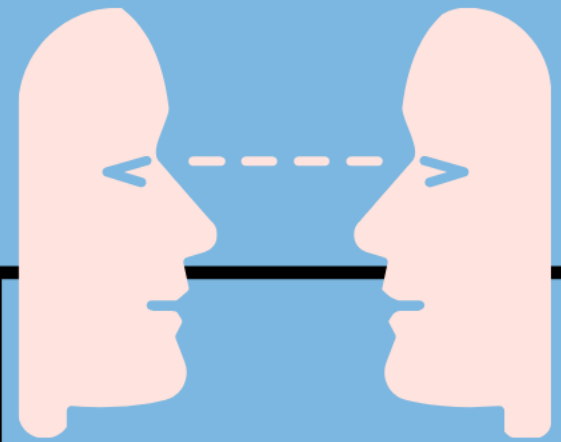
SPOKEN
WORD



VISUAL
IMAGES



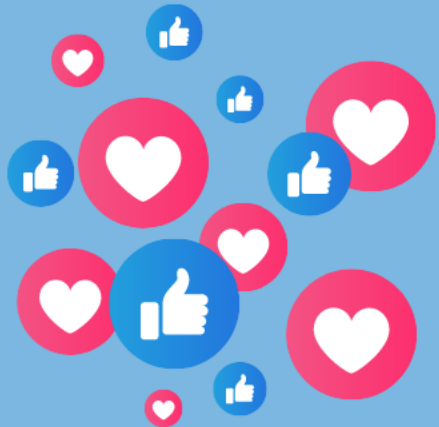
WRITTEN
WORD



BODY
LANGUAGE

COMMUNICATION

Is a process by which information is exchanged between individuals through a various system of symbols, signs and behaviors.

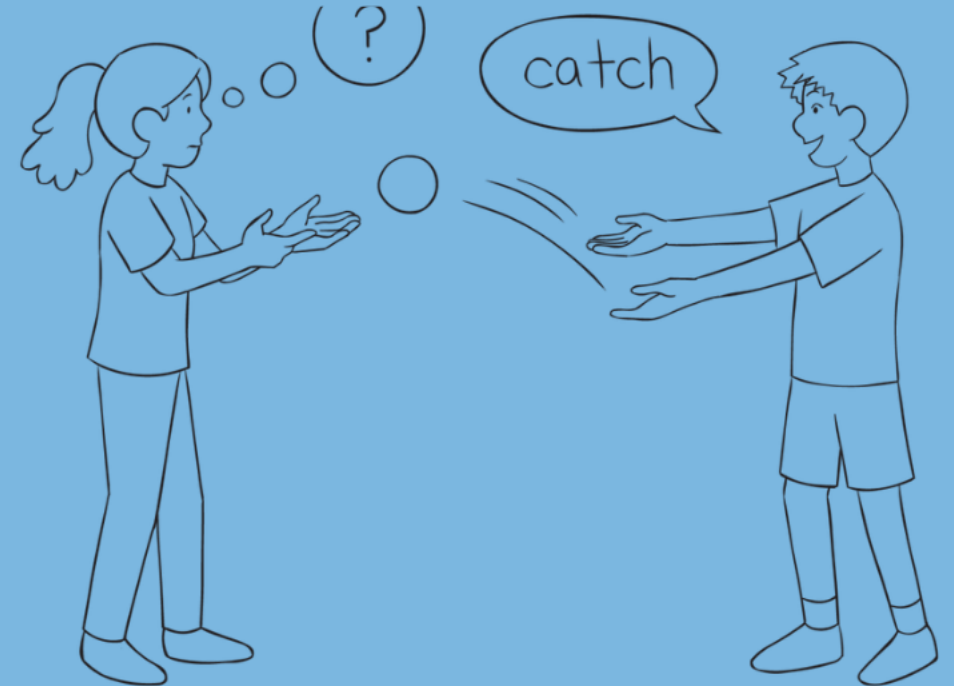


PROCESS OF COMMUNICATION

Transmission model



Transactional model



TIPS

Emotions should be managed in communication.
If you are getting angry, you have to calm yourself by:

- Speaking to the other person as if you were not angry;
- Avoid the use of the word “you” - this avoids blaming;
- Nod your head to assure the other person that you heard him/her;
- Maintain eye contact with him/her.



What makes communication ineffective ?



<https://youtu.be/xGuWXm6-T-g>



https://www.youtube.com/watch?v=xGuWXm6-T-g&ab_channel=INAPPROPRIATECARTOONS





[https://www.youtube.com/
watch?v=Ql_VZX6sxxwA&ab
channel=SuperColie](https://www.youtube.com/watch?v=Ql_VZX6sxxwA&ab_channel=SuperColie)

When you talk, you are
only repeating what
you already know. But
if you listen, you may
learn something new.

Dalai Lama

